

To: Provider Network
From: IEHP - UM
Date: October 1, 2026
Subject: No Referral Needed for Many BH Services - Members Can Self-Refer

In an effort to remove barriers for Members seeking behavioral health services, **our Portal will no longer allow BH referral submissions for services that do not require prior authorization.** Historically, these authorization requests have been canceled, post-submission.

For a full list of codes, please refer to the top of the Referral > Request > Behavioral Health page:

BH Referral Request Form

Prior authorization is not required for many behavioral health services, including initial assessments, for all lines of business (Medi-Cal, DualChoice/DSNP and IEHP Covered/CCA).

To view a list of BH services exempt from prior authorization, [click here.](#)

Moving forward, if the user attempts to submit a referral for these services, an error message will appear:

CPT Codes

* CPT 1:

90832

Modifier:

*Qty:(numeric only)

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IEHP has waived the authorization requirement for Professional Routine Behavioral Health Services rendered by a Behavioral Health provider specialty billed with the Procedure Codes you have entered. The full list can be found at the top of this webpage.

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Please advise Members to use our Find a Dr. Search to find an in-network BH Provider and make an appointment. [Find Care.](#)

If you have any questions, please contact the IEHP Provider Call Center at (909) 890-2054, (866) 223-4347 or email ProviderServices@iehp.org

All IEHP communications can be found at: www.providerservices.iehp.org > News and Updates > Notices